

A Continuing Professional Development Course.

Integrating Family Constellations theory and practice into one to one client work.

The Course: Psychotherapists, Counsellors and Practitioners of Body-work are invited to join this course. It will comprise twelve days of CPD, organised into six weekend modules and will take place in Norwich from September 2020 to July 2021.

Aims: The course will provide experiential and cognitive learning opportunities for participants to facilitate the integration, into their own therapeutic modalities, of some key elements of systemic theory and practice, particularly with reference to the effects of intergenerational trauma.

During this course, participants will:

- Develop an understanding of the dynamic principles which support the healing flow of love in family and other systems. Themes touched upon will include: *The 'Orders of Love'; Belonging; Guilt and Innocence; Illness and Facing Death; Carrying our own Fate; the 'Orders (and limits) of Helping'*.
- Learn and experience how these dynamics may have been affecting the participant's own systems, and start thinking systemically about the people they work with.
- Develop an understanding of how patterns of inter-generational trauma may become embodied - and build upon resources for supporting trauma healing (incorporating perspectives from the work of Franz Ruppert, Stephen Porges and Thomas Hubl).
- Begin working with small figures and objects and recognise how field energies can change by changing the inner systemic 'picture'.
- Within the safety of the group setting, participants will have the opportunity to share personal experience and professional skills from differing modalities and begin to use the systemic framework as a lens for supervision cases.

Facilitators: Anna Magee PhD. Anna is a UKCP reg. psychotherapist who trained with (what was then called) the Hellinger Institute of Great Britain and has been leading workshops and CPD events since 2006.

Hermione Brown BSc. Hermione is a UKCP reg. Integrative Psychotherapeutic Counsellor who trained at The Centre for Systemic Constellations and has been using Family Constellations in 1-2-1 work and running workshops since 2017.

Course Consultant: Colette Green is an Integrative Psychotherapist who trained extensively with Bert Hellinger and with Franz Ruppert. Colette now oversees systemic trainings in Ireland, England and in India.

Venue: The Norwich Wellbeing Centre, 15 Chapelfield East. Norwich. NR2 1SF

Dates: September 5th-6th 2020;

October 31st - November 1st

January 23rd – 24th 2021

March 20-21st

May 8th-9th

July 10 – 11th

Cost: £1200

To Book Contact: Hermione on: info@hermionebrown.co.uk or 07990 812889 to find out more or to get a booking form.

N.B. *This course will not provide a qualification to be a Systemic Constellation group facilitator.*

You are advised to book promptly onto this course for 2 reasons:

Firstly, the course has a limited number of places and secondly, it will only run if there are enough registered participants.